

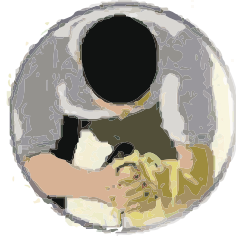
Saving Your Pet With CPR

If there is no breathing and no pulse, begin CPR immediately

- 1 Check for breathing & pulse**
Check for pulse using your middle and index finger:
- below the wrist,
 - the inner thigh,
 - below the ankle,
 - or where the left elbow touches the chest.

- 2 Look for other warning signs**
Gums and lips will appear gray
Pupils will be dilated

- 3 If no pulse, start compressions**
Lay animal on right side and place hands over ribs where the elbow touches the chest. Begin compressions at a rate of 100-120 times per minute. **Do not give compressions if there is a pulse**



- 4 If not breathing, give mouth to mouth**
- **Cats & small dogs:** place your mouth over nose and mouth, blow air in.
 - **Medium-large dogs:** place your mouth over nose, blow air in.

Animal Size	Compress Chest	Compressions
Under 30 lbs.	1/2 - 1 inch	30 times per breath, or 100-120 time per minute
30-90 lbs.	1-3 inches	
over 90 lbs.	2-4 inches	

Basic First Aid Tips

Insect Bites and Stings

Apply a cool compress and a topical antihistamine ointment. Call a veterinarian as soon as possible for the proper dosage of Benedryl. If swelling is severe or there is any vomiting or diarrhea, seek treatment immediately.

Bleeding, Cuts, Scrapes

A good rule of thumb is to start medical treatment within 6 hours of when the injury happened to prevent infection. Keep the wound clean with purified (bottled) water. Do not use river water unless you boil it for 5 minutes first. Make sure it's cooled before washing your dog with it. Apply some sort of pressure bandage (a t-shirt will work) around the wound to help keep it clean until you can be seen by a veterinarian. **IMPORTANT NOTE ON BANDAGES:** Check your dog's toes at the end of the bandage every few minutes. If you see any swelling the bandage may be too tight or may have slipped in which case the bandage needs to be loosened or removed. Use an unaffected leg or foot for comparison. If a bandage is left on too long or is too tight it can do permanent damage to the foot.

Fractures

Muzzle and restrain your pet in a comfortable fashion for transport. Do not try to apply traction or try to "set" the break. Do not give any oral medications. Giving medications will hinder what the doctor is able to administer for pain and could have adverse reactions with anesthesia.

Heat Stroke

Heat stroke can happen quickly in dogs and can be fatal if not reversed. Heat stroke can happen on hikes if a dog is not provided ample water, shade and rest. It can also happen in a back yard when shade is not readily available.

Symptoms of heat stroke include:

- Lethargy
- Panting
- Diarrhea with blood
- Seizures
- Coma

Take a rectal temperature. Cool your pet with water if their temperature is above 104 degrees. The normal temperature for a dog is between 99.5 - 103 degrees. Transport immediately, using a sheet or towel, to the closest veterinary hospital.

DIY Pet First Aid Kit

- Rubber gloves
- Roll of gauze
- Ice pack
- Rectal thermometer
- Clean T-shirt
- Duct tape
- Betadine
- Over-the-counter topical antihistamine (i.e. Benadryl Cream)
- Benadryl (ask a veterinarian for the proper dosage before administering)
- Gauze squares
- Plastic wrap
- Strips of fabric
- Bed sheet
- Muzzle
- Telfa pads
- Blunt scissors
- Neosporin topical ointment
- Cotton socks
- Saline eye wash
- Ace Bandage Material
- Bottle of Water



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